

Lumina Facial Aesthetics Dr Conrad Costa BChD, MSc

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Dermal Fillers Post-Operative Advice

- Do not manipulate injected areas
- Expect 10% of the final lip volume seen immediately after injecting to disappear (it is caused by swelling)
- Redness, swelling and bruising may be present in the injected areas
- Redness may last several hours after treatment
- Avoid aspirin and any other medications which may increase the risk of bruising further
- Apply cool compress and Arnicare cream if bruising is suspected
- Make up may be applied to treated areas, although it is advisable to use sterile make-up and to wait 24h until applying